

# Post Penalltau

01443 862974  
ysgolpenalltau@sch.caerphilly.gov.uk  
ysgolpenalltau.com



**Post Penalltau – 13/05/2025**  
**SCROLL DOWN FOR ENGLISH VERSION**

Annwyl Deuluoedd

**GreatAthletes™**  
Inspiring every child

**JOIN US IN WELCOMING  
GB JUDOKA  
NATALIE POWELL**

**TO OUR SCHOOL THIS TERM!**

**JUST SCAN THIS QR CODE AND SEARCH  
FOR OUR SCHOOL TO GET STARTED**

- 👉 GET THE CHILDREN MOVING IN A FUN FITNESS CIRCUIT
- 👉 WITNESS THE STRENGTH, TALENT & RESILIENCE OF A TOP ATHLETE
- 👉 RAISE MONEY FOR NEW SPORTS EQUIPMENT

## **ATGOF OLAF: PAWB**

### **Ymweliad Natalie Powell**

Fel yr ydym yn siŵr eich bod yn ymwybodol, cawsom ymweliad gwych gan yr athletwraig Jiwdo, Natalie Powell, yr wythnos diwethaf. Cafodd y disgyblion gyfle i gymryd rhan mewn rhai gweithgareddau ffitrwydd gwych a chael gwasanaeth ysbrydoledig a gyflwynwyd gan Natalie ei hun.

Nawr yw'r cyfle olaf i gasglu rhoddion ar gyfer y diwrnod. **Bydd yr holl arian yn mynd tuag at offer chwaraeon yr ysgol.** Dyma wybodaeth am sut i gyfrannu ar-lein:

Gallwch wylio'r fideo hwn ar sut i sefydlu tudalen codi arian:

<https://vimeo.com/1000802304>

1. Ewch i wefan Great Athletes <https://greatathletes.org/>
2. Cliciwch ar 'sefydlu tudalen codi arian':



3. Cliciwch ar 'find my school'.
4. Dechreuwch deipio enw eich ysgol a dewiswch eich ysgol o'r gwymplen – gwiriwch fod y cod post yn cyfateb!
5. Dylai hyn fynd â chi i dudalen gydag enw eich ysgol ar y brig a gwybodaeth am eich athletwr gwadd. Cliciwch ar sefydlu tudalen codi arian.



## **ATGOF: PAWB**

**16/05/2025 – Gwasanaeth Dosbarth Melangell (9:30am – 10:30am)**

22/05/2025 – Noson Sinema'r PTA (amser i'w gadarnhau)

23/05/2025 – Gwasanaeth Dosbarth Guto (9:30 – 10:30am)

2/06/2025 - 6/06/2025 – Wythnos Iechyd a Lles yr Ysgol

6/06/2025 – Gwasanaeth Dosbarth Dwynwen (9:30 – 10:30am)

7/06/2025 – Ffilifest – Menter Iaith

13/06/2025 – Gwasanaeth Dosbarth Llywelyn (9:30 – 10:30am)

12/06/2025 – Ffair Haf (manylion i'w gadarnhau)

18/06/2025 – Mabolgampau yr Ysgol ar gyfer Meithrin – Bl 2

18/06/2025 – Sesiwn Galw Heibio i Rieni ar Gynnydd Disgyblion (Manylion i'w gadarnhau)

20/06/2025 – Gwasanaeth Dosbarth Gelert (9:30 – 10:30am)

25/06/2025 – Cyflwyniad i Rieni Newydd Meithrin (4:30 – 5:30)

25/06/2025 – Diwrnod Chwaraeon yr Ysgol ar gyfer Blynyddoedd 3,4,5 a 6 (Manylion i'w cadarnhau)

27/06/2025 - Gwasanaeth Dosbarth Seithennyn (9:30 – 10:30am)

2/07/2025 – Diwrnod Pontio Symud i Fyny i Ddisgyblion

4/07/2025 – Gwasanaeth Dosbarth Blodeuwedd (9:30 – 10:30am)

9/07/2025 – Picnic Meithrin gyda Rhieni – Yn yr Ysgol (9:30 – 10:30)

10/07/2025 – Disgo Diwedd Blwyddyn (amser i'w gadarnhau)

11/07/2025 – Gwasanaeth/Seremoni Graddio Blwyddyn 6 (1:30pm – 3:15)

18/07/2025 – Diwrnod Olaf Tymor yr Haf

**Menter Iaith Sir Caerffili**

**CYNLLUN CHWARAE  
PENALLTAU  
PLAYSCHEME**

**£1  
y sesiwn/  
per session**

**Mai/  
May  
27-30 10-11:50PM**

**@YSGOL PENALLTAU, HEOL CWM CALON,  
PENALLTA, HENGOED, CAERFFILI, CF82 6AP**

**I blant Dosbarth Meithrin - Blwyddyn 6  
for children in Nursery Class-Year 6**

**Rhaid bwcio a thalu o flaen llaw  
Please book and pay at:  
www.mentercaerffili.cymru**

**Am ragor o wybodaeth/for further information:  
meithrinpenalltau@mentercaerffili.cymru**

**MENTRAU IAITH**

**Caerphilly Play**

**Prosiect Gwyliau Gwaith Chwarae  
Playworks Holiday Project**

**Uywodaeth Cymru  
Welsh Government**

**CAERPHILLY  
YSGOL YR YSGOL  
CAERFFILI**

Rhif elusen gofrestrdig: 1105172 Rhif cwmni: 5096968

## PAWB

### Cynllun Chwarae Menter Iaith Dros Hanner Tymor

Gweler uchod fanylion y Cynllun Chwarae a gynhelir gan Menter Iaith Caerffili dros gyfnod Hanner Tymor.



Dear Families



JOIN US IN WELCOMING  
**GB JUDOKA**  
**NATALIE POWELL**

TO OUR SCHOOL THIS TERM!



JUST SCAN THIS QR CODE AND SEARCH  
FOR OUR SCHOOL TO GET STARTED

- 👉 GET THE CHILDREN MOVING IN A FUN FITNESS CIRCUIT
- 👉 WITNESS THE STRENGTH, TALENT & RESILIENCE OF A TOP ATHLETE
- 👉 RAISE MONEY FOR NEW SPORTS EQUIPMENT

The image features a woman, Natalie Powell, in a white judo gi with a British flag patch on the chest, smiling. The background is a dark blue triangle with a white torn-edge effect at the bottom.

## **FINAL REMINDER: EVERYONE**

As we are sure you are aware we had a fantastic visit from the GB Judo athlete Natalie Powell last week Pupils had the opportunity to take part in some great fitness activities and have an inspirational assemble delivered by Natalie herself.

Now is the last opportunity to give collect donations for the day. **All money will go towards sport equipment for the school.** Information on how to donate online are as follows:

### **Set up online fundraising page:**

You can watch this video on how to set up a fundraising page:

<https://vimeo.com/1000802304>

1. Go to the Great Athletes website <https://greatathletes.org/>
2. Click on 'set up a fundraising page':



3. Click on 'find my school'.
4. Start typing your school name and select your school from the dropdown – check that the postcode matches!
5. This should take you to a page with your school's name at the top and information about your visiting athlete. Click on set up a fundraising page.



**REMINDER: EVERYONE**

- 22/05/2025 – PTA Cinema Night (time tbc)
- 23/05/2025 – Guto Class Assembly (9:30 – 10:30am)
- 2/06/2025 - 6/06/2025 – School Health and Wellbeing Week
- 6/06/2025 – Dwynwen Class Assembly (9:30 – 10:30am)
- 7/06/2025 – Menter Iaith Ffilifest
- 13/06/2025 – Llywelyn Class Assembly (9:30 – 10:30am)
- 12/06/2025 – Summer Fete
- 18/06/2025 – School Sports day for Nursery – Yr 2
- 18/06/2025 – Pupil Progress Parent Drop-in Session (Details tbc)
- 20/06/2025 – Gelert Class Assembly (9:30 – 10:30am)
- 25/06/2025 – Presentation for New Nursery Parents (4:30 – 5:30)
- 25/06/2025 – School Sports Day for Years 3,4,5 and 6 (Details tbc)
- 27/06/2025 - Seithennyn Class Assembly (9:30 – 10:30am)
- 2/07/2025 – Transition Moving up Day for Pupils

4/07/2025 – Blodeuwedd Class Assembly (9:30 – 10:30am)  
9/07/2025 – Nursery Picnic with Parents – In the School (9:30 – 10:30)  
10/07/2025 – End of Year Disco (time tbc)  
11/07/2025 – Year 6 Assembly/Graduation Ceremony (1:30pm – 3:15)  
18/07/2025 – Last Day of Summer Term

**Menter Iaith Sir Caerffili**

**CYNLLUN CHWARAE  
PENALLTAU  
PLAYSCHEME**

Mai/  
May  
27-30 10-11:50PM

£1  
y sesiwn/  
per session

@YSGOL PENALLTAU, HEOL CWM CALON,  
PENALLTA, HENGOED, CAERFFILI, CF82 6AP

I blant Dosbarth Meithrin - Blwyddyn 6  
for children in Nursery Class-Year 6

Rhaid bwcio a thalu o flaen llaw  
Please book and pay at:  
[www.mentercaerffili.cymru](http://www.mentercaerffili.cymru)

Am ragor o wybodaeth/for further information:  
[meithrinpenalltau@mentercaerffili.cymru](mailto:meithrinpenalltau@mentercaerffili.cymru)

MENTRAU IAITH

Prosiect Gwyliau Gwaith Chwarae  
Playworks Holiday Project

Llywodraeth Cymru  
Welsh Government

CAERPHILLY  
COUNCIL  
CAERPHILLY

Rhif elusen gofrestrdig: 1105172 Rhif cwmni: 5096968

**EVERYONE**

### **Menter iaith Play Scheme Over Half Term**

Please see above details of the Playscheme run by Menter Iaith Caerffili over the Half Term period.

Dyddiad Cau 20/05/2025  
Closing date 20/05/2025

Chwaraeon

Gwersyll Aml Chwaraeon Bach  
**Ysgol Penalltau**  
Mini Multi Sports Camp  
3-5 Mlynedd Oed | 3-5 Years Old

**£8**  
Cwmwl Ffurfio

Asotodeth yn cael gostyngiad 10% os yn cofrestru am 2 diwrnod. Membership gets 10% discount if registering for 2 days.

|                            |                   |
|----------------------------|-------------------|
| <b>DYDDIAD   DATE</b>      | <b>AMBER TIME</b> |
| 27/05 & 29/05              | 09:00-11:00       |
| <b>LOCATION   LLEOLIAD</b> |                   |
| Ysgol Penalltau            |                   |

**RHAID COFRESTRU AR-LEIN**  
MUST REGISTER ONLINE > gweithgareddau.urdd.cymru

**EICH SWYDDOG LLEOL**  
YOUR LOCAL OFFICER > Amelie Mills  
ameliemills@urdd.org  
07929 715982

urddgwent !! GWERSYLLOEDD CHWARAEON YR URDD !!

Dyddiad Cau 20/05/2025  
Closing date 20/05/2025

Chwaraeon

Gwersyll Aml Chwaraeon  
**Ysgol Penalltau**  
Multi Sports Camp  
6-11 Mlynedd Oed | 6-11 Years Old

**£16**  
Cwmwl Ffurfio

Asotodeth yn cael gostyngiad 10% os yn cofrestru am 2 diwrnod. Membership gets 10% discount if registering for 2 days.

|                            |                   |
|----------------------------|-------------------|
| <b>DYDDIAD   DATE</b>      | <b>AMBER TIME</b> |
| 27/05 & 29/05              | 09:00-15:00       |
| <b>LOCATION   LLEOLIAD</b> |                   |
| Ysgol Penalltau            |                   |

**RHAID COFRESTRU AR-LEIN**  
MUST REGISTER ONLINE > gweithgareddau.urdd.cymru

**EICH SWYDDOG LLEOL**  
YOUR LOCAL OFFICER > Amelie Mills  
ameliemills@urdd.org  
07929 715982

urddgwent !! GWERSYLLOEDD CHWARAEON YR URDD !!

## EVERYONE

### Urdd Sports Camps Over Half Term

Please see above details of the Sports Clubs ran by Menter Iaith Caerffili over the Half Term period.

**Cysylltiadau pwysig a all fod o ddefnydd i chi / Important contact details that could be of use to you:**

**Caerphilly Employment Support:** 01443 864227

**Samaritans:** 116 123 (24 awr y dydd / 24 hours a day)

**Wales Domestic Abuse Helpline:** 0808 80 10 800 (8.00am-2.00pm & 8.00pm-2.00am pob dydd / every day).

**Mind Cymru:** 0300 123 3393

**Childline:** 0800 1111 (24 awr y dydd / 24 hours a day)

**Women's Aid:** 01495 742061 (24 awr y dydd / 24 hours a day)

**Eastern Valley Food Bank:** 01495 760605

Mae Croeso i chi gysylltu gyda Ysgol Gymraeg Penalltau yn Gymraeg neu Saesneg  
You are welcome to contact Ysgol Gymraeg Penalltau in Welsh or English

Cymraeg