Post Penalltau

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YSGOL GYMRAEG PENALLTAU

Post Penalltau – 19/12/2025

SCROLL DOWN FOR ENGLISH VERSION

Annwyl Deuluoedd

PAWB
Eisteddfod

Ar ôl y Nadolig fe fyddwn yn brysur yn dysgu darnau Newydd ar gyfer Eisteddfod yr Urdd. Os oes diddordeb gan eich plentyn i gystadlu byddwn yn cynnal eisteddfod fesul blwyddyn ar yr 16/1/24 er mwyn cynnal Eisteddfod Ysgol ar yr 22/1/26.

Fe fydd copi o'r llefaru yn dod adref gyda'ch plentyn.

Os ydy eich plentyn yn 1af neu 2ail yn Eisteddfod yr Ysgol fe fydd angen i chi sicrhau ei bod yn aelod 2025-2026 o'r Urdd er mwyn iddynt allu cystadlu yn yr Eisteddfod Gylch.

Dyma'r linc aelodaeth yr urdd:

https://www.urdd.cymru/cy/ymuno/

Dyddiadau pwysig

	Dyddiad/ Date	**Lleoliad/ Location**
Eisteddfod Ysgol (School)	22/1/26	**Ysgol Penalltau**
Eisteddfod Gylch (Local)	28/2/26	**Ysgol Gyfun Cwm Rhymni**
Eisteddfod Dawns (Dance)	12/3/26 Mwy o wybodaeth i ddod. More Information to come	**Ysgol Gyfun Cwm Rhymni**
Eisteddfod Sir (County)	21/3/26	**Ysgol Gyfun Cwm Rhymni**
Eisteddfod Genedlaethol Yr Urdd (National Eisteddfod)	23-29/5/26	**Ynys Mon/ Anglesey**

PAWB
Grŵp Therapiwtig ar Gyfer Brodyr a Chwiorydd

PAWB

ATGOF!: Dyddiadau i'r Dyddiadur!

***19/12/2025 – Diwrnod Olaf Tymor**

***05/01/2026 – HMS i'r staff yr ysgol**

***06/01/2026 – Plant yn ddychwelyd i'r ysgol**

PAWB

Hoffwn i ddiolch i chi gyd am eich holl gefnogaeth dros y tymor hwn. Rydym yn mawr obeithio y cewch chi Nadolig a Blwyddyn Newydd hyfryd! Nadolig Llawen!

EVERYONE

Eisteddfod

After the Christmas break we will be busy learning new pieces for the Urdd Eisteddfod. If your child is interested in taking part, we will be holding year group eisteddfod on the 16/1/26 in order to hold the school Eisteddfod on the 22/1/26.

A copy of the recital will come home with your child.

If your child is placed 1st or 2nd in the school Eisteddfod, they must be a member of the Urdd 2025-2026 so that they can compete in the Local Eisteddfod.

Please use the link to join: https://www.urdd.cymru/en/join

Important dates

	Dyddiad/ Date	**Lleoliad/ Location**
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EVERYONE

Siblings Therapeutic Group

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Children's Centre Psychology

SIBLINGS THERAPEUTIC GROUP

Do you have a brother or sister with an additional need?

Would you like a space to meet and talk with other young people who also have a sibling with an additional need?

Who is it for?

Our sibling's group is open to children and young people **aged 8-12 years (School Years 4-7)** who have a sibling with additional needs.

What is the group about?

You will meet with other young people who also have siblings with additional needs. As a group we will be getting to know each other, thinking about emotions and how we can manage them, and what it's like to have a sibling.

When is the group?

The Siblings group is running **every Monday (apart from half term)**, starting on the **19th January** and ending on the **16th March**. This means there are **8** sessions in total, and all will be **4pm-5.30pm.** The group is held at **Llwyn Onn, St Cadoc's Hospital.**

I feel nervous about attending the group...

It's totally normal to feel nervous about attending a group for the first time. If you feel this way, we are happy to meet with you beforehand or talk to you about any worries you might have.

If you would like your child to access the group please scan the QR code **by 22nd December** to complete a self-referral form and someone from the team will get in touch to discuss further.

For Children's Centre Professionals: if you know of a family with a sibling of a young person with additional needs who may like to attend the Siblings Group, we kindly ask that you complete our Request for Involvement Form and return to abb.helpinghandsteam@wales.nhs.uk.

EVERYONE

REMINDER!: Dates for the Diary!

***19/12/2025 – Last Day of Term**

***05/01/2026 – School INSET day**

***06/01/2026 – Children return to school**

PAWB

We would like to take this opportunity to thank you all for all of your support over this term. We sincerely hope you have a wonderful Christmas and New Year! Merry Christmas!

Cysylltiadau pwysig a all fod o ddefnydd i chi / ***Important contact details that could be of use to you:***

Samaritans: 116 123 (24 awr y dydd / *24 hours a day)*
Wales Domestic Abuse Helpline: 0808 80 10 800 (8.00am-2.00pm & 8.00pm-2.00am pob dydd / *every day*).
Mind Cymru: 0300 123 3393
Childline: 0800 1111 (24 awr y dydd / *24 hours a day)*
Women's Aid: 01495 742061 (24 awr y dydd / *24 hours a day)*
Eastern Valley Food Bank: 01495 760605

Mae Croeso i chi gysylltu gyda Ysgol Gymraeg Penalltau yn Gymraeg neu Saesneg
You are welcome to contact Ysgol Gymraeg Penalltau in Welsh or English

Cymraeg