

Post Penalltau

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Post Penalltau – 25/03/2026

SCROLL DOWN FOR ENGLISH VERSION



MEITHRIN

Ysgol ar Gau i Ddisgyblion y Meithrin oherwydd Etholiad y Senedd.

Oherwydd bod yr ysgol wedi'i neilltuo fel gorsaf bleidleisio ar gyfer etholiad y Senedd, bydd yr ysgol ar gau i ddisgyblion y Meithrin ar y **7fed o Fai 2026**



PAWB

Wythnos Iechyd a Lles 2026

Eleni byddwn yn cynnal Wythnos Iechyd a Lles ar yr wythnos yn dechrau 1/6/26. Rydym yn awyddus iawn unwaith eto i wahodd ystod o arbenigwyr, gan gynnwys rhieni, i mewn i'r ysgol yn ystod yr wythnos hon er mwyn cyfoethogi'r profiadau i ddisgyblion yn yr ysgol.

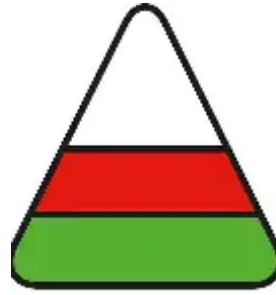
Oes arbenigedd neu gymhwyster gyda chi sy'n golygu eich bod yn gallu cyfrannu at ein Wythnos Iechyd a Lles?

Oes profiad gyda chi mewn meysydd fel ioga neu meddwlgarwch?
Ydych chi'n nyrs, yn ddoctor, yn optegydd, yn ddeintydd neu yn gweithio mewn maes tebyg?

Nid oes angen siarad Cymraeg er mwyn cynnal sesiwn.

Os ydych chi'n fodlon cefnogi'r ysgol drwy gynnal sesiwn yn ystod ein Wythnos Iechyd a Lles, gofynnwn yn garedig i chi gwblhau'r ffurflen isod (gweler linc isod). Gwerthfawrogwn eich cyfraniadau yn fawr!

<https://forms.office.com/e/SQ9b4k73af?origin=lprLink>



Urdd

Below is a link to join the Urdd. From now on it is vital that your child is a member of the Urdd in order to compete in Sports competitions and the Eisteddfod.

<https://www.urdd.cymru/en/join/#>



PAWB

Comic Relief

Mwynhaodd ein disgyblion eu gweithgareddau ar Ddiwrnod Trwynau Coch yn fawr. Cododd yr ysgol £145 i Comic Relief.



ATGOF: PAWB

Holiadur Cymdeithas Rhieni ac Athrawon

Fel rhan o'n hymrwymiad parhaus i gryfhau gwaith y Pwyllgor Rhieni ac Athrawon (PTA) a chynnig y profiadau gorau posibl i'n disgyblion, hoffem wahodd chi i gwblhau holiadur byr. (linc isod). Mae eich barn yn hollbwysig i ni, ac rydym am sicrhau bod y gweithgareddau a gynigir gan y CRhA yn adlewyrchu anghenion a diddordebau ein cymuned ysgol.

Mae'r holiadur yn gofyn am weithgareddau sydd wedi gweithio'n dda, rhai sydd ddim wedi bod cystal, ac unrhyw awgrymiadau neu syniadau newydd ar gyfer y dyfodol. Bydd eich ymatebion yn ein helpu i wella'r digwyddiadau rydym yn eu trefnu, a sicrhau bod pawb yn teimlo'n rhan o'r hyn sy'n digwydd.

Diolch yn fawr iawn ymlaen llaw am eich amser a'ch mewnbwn gwerthfawr.

<https://forms.office.com/e/bZJdc7dTwJ?origin=lprLink>



DERBYN

ATGOF: Aseidiadau Golwg a Thwf

Mae'r Tîm Nyrsio Ysgol yn ymweld â phob ysgol i brofi golwg pellter ac i fesur twf plant oed derbyn. Mae hyn yn rhan o'r Adolygiad Mynediad i'r Ysgol. Yna caiff canlyniadau eich plentyn eu rhannu'n ddiennw gyda Iechyd Cyhoeddus Cymru fel rhan o Raglen Mesur Plant Cymru.

Cwblhewch y ffurflen ar y ddolen isod os **nad ydych am** i'ch plentyn gymryd rhan yn yr Adolygiad Mynediad i'r Ysgol (SER) a/neu Raglen Mesur Plant Cymru ar 20/04/26 a 21/04/26.

<https://forms.office.com/Pages/ResponsePage.aspx?id=uChWuyjjgkCoVkM8ntyPrpjwJET7BaRHuS7lYoYyXMIUOTVCVzZUTTE2NjYzSEk5OU4xTUJVMTVTSy4u>

Am wybodaeth am sut mae Bwrdd Iechyd Prifysgol Aneurin Bevan yn defnyddio eich data, gweler y Hysbysiad Preifatrwydd ABUHB:

<abuhb.nhs.wales/files/information-governance/privacy-notice-general/>



PAWB

ATGOF: Helfa Wyau Pasg – 26/03/2026

Bydd CRhA yn cynnal helfa wyau Pasg ar **Ddydd Iau, 26 Mawrth 2026**, rhwng **3:30 – 4:30yp**. Gofynnwn i rieni/gwarcheidwaid gasglu'r plant o'u dosbarthiadau fel arfer ac yna gwneud eu ffordd i'r derbynfa ar gyfer dechrau'r helfa.

Rhaid i blant fod **wedi'u hebrwng gan oedolyn**, gan y bydd yr helfa'n digwydd yn y gymuned leol ac **nid ar safle'r ysgol**.

Rydym yn edrych ymlaen at helfa hwyliog i bawb!

PAWB

ATGOF: Urdd - Gwersyll Aml Chwaraeon - Pasg

Disgownt i aelodau!
Discount for members! 10%

Chwaraeon
GWERSYLLOEDD CHWARAEON PASG CAERFFILI
CAERPHILLY EASTER SPORTS CAMPS

GWERSYLL LLAWN / FULL CAMP [09:00-15:00]
GWERSYLL BACH / MINI CAMP [09:00-11:00]

Ysgol Penalltau:

Gwersyll Aml Chwaraeon / Multi Sports Camp (6-11)
07/04 & 08/04 £16
Gwersyll Aml Chwaraeon Bach / Mini Multi Sports Camp (3-5)
07/04 & 08/04 £8

Ysgol Bro Allta:

Gwersyll Aml Chwaraeon / Multi Sports Camp (6-11)
09/04
Gwersyll Aml Chwaraeon Bach / Mini Multi Sports Camp (3-5)
09/04

Am fwy o wybodaeth
For more information
Ewch i'n gwefan
gweithgareddau.urdd.cymru
Visit Our Website
gweithgareddau.urdd.cymru

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PAWB

ATGOF: Her y Mis – Dreigiau



ESIAMPL: Her i'r Teulu! Family Challenge! Mis/Month: Mawrth / March



Mae'r Dreigiau yn dweud / the Dragons says:

Ydych chi'n gallu creu prud o fwyd cymreig quda'ch teulu? Gallwch greu pice ar y maen, bisgedi Mistar Urdd neu hyd yn oed cawl iachus! Ebostiwch eich lluniau i'r ysgol.

Can you create a Welsh meal for you and your family? You could make Welshcakes, Mr Urdd biscuits or even a healthy, heart stew! Please email your pictures to the school!



Geiriau Gwych y Dreigiau! Try to use these words:

Picer ar y maen - Welsh cakes
Cawl - Stew
Bisgedi Mistar Urdd - Mr Urdd Biscuits
Sŵder - Sugar
Blawd - flour
Wyau - Eggs
Llysiau - Vegetables
Moron - Carrots
Cennin - Leeks
Cymysgu - Stir
Poeth - Hot
Llyw - Spoon
Mesur - Measure
Halen - Salt
Mennyn - Butter



Rhowch y - Put the
Cymysgwch - Stir
Ychwanegwch - Add
Arlwyswch - Pour
Coginiwch - Cook





PAWB

ATGOF: Rhai Dyddiadau Pwysig i'ch Dyddiadur

- 26/03/2026 – Helfa Pasg
- 13/04/2026 – Diwrnod Hyfforddiant Athrawon
- 05/05/2026 – Noson Crefftau ar gyfr Blwyddyn 1 a 2
- 11/05/2026 – 15/05/202 – Taith Breswyl BI 6 – Llangrannog
- 21/05/2026 – Noson ffilm – Blwyddyn 3 - 6
- 01/06/2026 – Diwrnod Hyfforddiant Athrawon
- 26/06/2026 – Ffair Haf
- 07/07/2026 – Disgo Ysgol

Gellir darganfod rhestr o wyliau a ddyddiadau trwy ddilyn y ddolen hon:

[Caerphilly - Caerphilly County Borough](#)



NURSERY

School Closed to Nursery Pupils Due to Senedd Election.

As the school has been designated as a polling station for the upcoming Senedd election, the school will be closed to Nursery pupils on **7th of May 2026**.



EVERYONE

Health and Wellbeing Week 2026

This year we will be holding our Health and Wellbeing week on the week beginning 1/6/26. Once again, we are very keen to invite a range of experts, including parents, into the school during the week in order to enrich the experiences for the school's pupils.

Do you have any expertise or qualifications that mean you can contribute to our Health and Wellbeing week?

Do you have experience in areas such as mindfulness and yoga?

Are you a nurse, doctor, optician, dentist or work in a similar field? You do not have to speak Welsh to hold a session. If you are willing to support the school by holding a session during our Health and Wellbeing Week we kindly ask that you complete the following form (link below). We greatly appreciate any contributions!

<https://forms.office.com/e/SQ9b4k73af?origin=lprLink>



Urdd

Dyma linc i ymaelodi ar Urdd. O hyn allan mae hi'n hanfodol bod eich plentyn yn aelod o'r Urdd er mwyn cystadlu yng nghystadlaethau Chwaraeon neu Eisteddfod.

<https://www.urdd.cymru/en/join/#>



EVERYONE
Comic Relief

Our pupils thoroughly enjoyed their activities on Red Nose Day. The school raised £176 for Comic Relief.



EVERYONE

REMINDER: PTA Questionnaire

As part of our ongoing commitment to strengthening the work of our Parent–Teacher Association (PTA) and providing the best possible experiences for our pupils, we would like to invite you to complete a short questionnaire (link below). Your views are extremely important to us, and we want to ensure that the activities offered by the PTA reflect the needs and interests of our school community.

The questionnaire asks about activities that have worked well, those that have been less successful, and any ideas or suggestions for future events. Your responses will help us improve the events we organise and ensure that everyone feels part of what’s happening.

Thank you in advance for your time and valuable input.

<https://forms.office.com/e/bZJdc7dTWJ?origin=lprLink>



RECEPTION

REMINDER: Vision and Growth Assessments

The School Nursing Team will be visiting all schools to carry out distance-vision tests and measure the growth of children in Reception.

This forms part of the **School Entry Review (SER)**. Your child's results will also be shared **anonymously** with **Public Health Wales** as part of the **Child Measurement Programme for Wales**.

If you **do NOT want your child to take part** in the School Entry Review (SER) and/or the Child Measurement Programme on **20/04/26** and **21/04/26**, please complete the form at the link below:

<https://forms.office.com/Pages/ResponsePage.aspx?id=uChWuyjjgkCoVkM8ntyPrpjwJET7BaRHuS7lYoYyXMIUOTVCVzZUTTE2NjYzSEk5OU4xTUJVMTVTSy4u>

For information about how Aneurin Bevan University Health Board uses your data, please see the ABUHB Privacy Notice:

abuhb.nhs.wales/files/information-governance/privacy-notice-general/



EVERYONE

REMINDER: Easter Egg Hunt – 26/03/2026

The PTA will be holding an Easter Egg Hunt on **Thursday, 26th March 2026**, from **3:30 – 4:30pm**. Parents/guardians are asked to collect children from their classes as normal and then make their way to reception for the start of the hunt.

Children must be **accompanied by an adult**, as the hunt will take place in the local community and **not on the school site**.

We look forward to a fun afternoon for everyone!

EVERYONE

REMINDER: Urdd - Easter Sports Camp



The poster is for the Urdd Easter Sports Camp. It features a green background with white and red text. At the top left is the Urdd logo, a stylized triangle with red, white, and green sections. To the right of the logo, it says "Disgownt i aelodau! Discount for members!" and "10%". Below the logo, it says "Chwaraeon" and "GWERSYLLLOEDD CHWARAEON PASO CAERFFILI CAERPHILLY EASTER SPORTS CAMPS". There are two main sections: "Ysgol Penalltau:" and "Ysgol Bro Allta:". Each section lists two types of camps: "GWERSYLL LLAWN / FULL CAMP [09:00-15:00]" and "GWERSYLL BACH / MINI CAMP [09:00-11:00]". The "Ysgol Penalltau:" section lists dates "07/04 & 08/04" and "07/04 & 08/04". The "Ysgol Bro Allta:" section lists dates "09/04" and "09/04". There are three red circular callouts with prices: "£16" for "Gwersyll Llawn Full Camp", "£8" for "Gwersyll Bach Mini Camp", and "10%" for "Discount for members!". At the bottom left, it says "Am fwy o wybodaeth For more information" and "Ewch i'n gwefan gweithgareddau.urdd.cymru" with a globe icon. Below that, it says "Visit Our Website gweithgareddau.urdd.cymru" with a QR code. There are also social media icons for Facebook, Twitter, and Instagram. The right side of the poster features three circular images showing children participating in various sports activities.

EVERYONE

REMINDER: Dragon's Monthly Challenge



ESIAMPL: Her i'r Teulu! Family Challenge! Mis/Month: Mawrth / March



Mae'r Dreigiau yn dweud / the Dragons says:

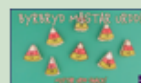
Ydych chi'n gallu creu pryd o fwyd cymreig gyda'ch teulu? Gallwch greu pice ar y maen, bisgedi Mister Urdd neu hyd un oed cawl iachus! Ebostiwch eich lluniau i'r usgol.

Can you create a Welsh meal for you and your family? You could make Welshcakes, Mr Urdd biscuits or even a healthy, heart stew! Please email your pictures to the school!



Gelriau Gwych y Dreigiau! Try to use these words:

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Siwgr - Sugar
Blawd - flour
Wydau - Eggs
Llysiau - Vegetables
Moron - Carrots
Cennin - Leeks
Cymysgu - Stir
Poeth - Hot
Llwy - Spoon
Mesur - Measure
Halen - Salt
Mennyn - Butter



Rhowch y - Put the
Cymysgwch - Stir
Ychwanegwch - Add
Arlwyswch - Pour
Coginiwch - Cook





EVERYONE

REMINDER: Some Important Dates for Your Diary

- 26/03/2026 – Easter Egg Hunt (after school)
- 13/04/2026 – Teachers Training Day
- 05/05/2026 – Craft evening for Year 1 and 2
- 11/05/2026 – 15/05/2026 – Year 6 Residential Trip – Llangrannog
- 21/05/2026 – Movie Night for Year 3 - 6
- 1/06/2026 – Teachers Training Day
- 26/06/2026 – Summer Fair
- 07/07/2026 – School Disco

A list of School holidays and dates can be found by following this link:

[Caerphilly - Caerphilly County Borough](#)

Cysylltiadau pwysig a all fod o ddefnydd i chi / *Important contact details that could be of use to you:*

Caerphilly Employment Support: 01443 864227

Samaritans: 116 123 (24 awr y dydd / *24 hours a day*)

Wales Domestic Abuse Helpline: 0808 80 10 800 (8.00am-2.00pm & 8.00pm-2.00am pob dydd / *every day*).

Mind Cymru: 0300 123 3393

Childline: 0800 1111 (24 awr y dydd / *24 hours a day*)

Women's Aid: 01495 742061 (24 awr y dydd / *24 hours a day*)

Eastern Valley Food Bank: 01495 760605

Mae Croeso i chi gysylltu gyda Ysgol Gymraeg Penalltau yn Gymraeg neu Saesneg
You are welcome to contact Ysgol Gymraeg Penalltau in Welsh or English

