

# Post Penalltau

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**Post Penalltau – 13/05/2026**

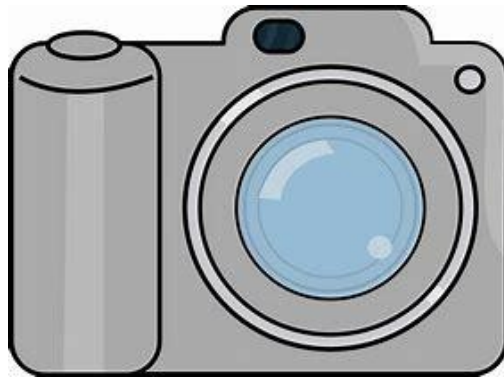
**SCROLL DOWN FOR ENGLISH VERSION**



## **PAWB**

### **Bws Cerdded**

Mae Wythnos Cerdded i'r Ysgol yn cael ei dathlu yr wythnos nesaf, ac rydym yn annog pawb i gerdded i'r ysgol! Mae cerdded yn ffordd wych o gadw'n heini, cael hwyl gyda ffrindiau, a helpu'r amgylchedd. Ddydd Gwener, 22 Mai, byddwn yn cynnal ein Bws Cerdded cyntaf y flwyddyn. Dewch i ymuno â ni a dathlu manteision cerdded gyda'n gilydd! Bydd amseroedd a lleoliad y Bws Cerdded yn cael eu hanfon drwy neges destun maes o law.



**PAWB**

**ATGOF: Lluniau Ysgol**

Bydd disgyblion yn cael lluniau unigol gan gwmni Tempest ar 9/06/26. Plîs sicrhewch fod eich plentyn yn dod i'r ysgol yn ei wisg ysgol lawn.



**ATGOF: PAWB**

**Wythnos Iechyd a Lles 2026**

Eleni byddwn yn cynnal Wythnos Iechyd a Lles ar yr wythnos yn dechrau 2/6/26. Rydym yn awyddus iawn unwaith eto i wahodd ystod o arbenigwyr, gan gynnwys rhieni, i mewn i'r ysgol yn ystod yr wythnos hon er mwyn cyfoethogi'r profiadau i ddisgyblion yn yr ysgol.

Oes arbenigedd neu gymhwyster gyda chi sy'n golygu eich bod yn gallu cyfrannu at ein Wythnos Iechyd a Lles?

Oes profiad gyda chi mewn meysydd fel ioga neu meddwlgarwch?

Ydych chi'n nyrs, yn ddoctor, yn optegydd, yn ddeintydd neu yn gweithio mewn maes tebyg?

Nid oes angen siarad Cymraeg er mwyn cynnal sesiwn.

Os ydych chi'n fodlon cefnogi'r ysgol drwy gynnal sesiwn yn ystod ein Wythnos Iechyd a Lles, gofynnwn yn garedig i chi gwblhau'r ffurflen isod (gweler linc isod). Gwerthfawrogwn eich cyfraniadau yn fawr!

<https://forms.office.com/e/SQ9b4k73af?origin=lprLink>



#### **Blwyddyn 4**

#### **ATGOF: Gwersi Nofio**

Bydd gwersi nofio yn cychwyn ar **22ain o Fehefin ar gyfer Blwyddyn 4** a byddant yn cael eu cynnal **bob dydd am 4 wythnos**.

Bydd y gwersi'n cael eu cynnal yng **Nghanolfan Hamdden Trecelyn** (Newbridge Leisure Centre).

Gofynnir yn garedig i rieni gyfrannu **£30 erbyn 19/06/26** tuag at gostau teithio.

Mae disgyblion i fod **yn y pwll erbyn 9:15yb**, felly gofynnwn yn garedig bod disgyblion yn dod i'r ysgol **gyda'u gwisg nofio o dan eu gwisg ysgol** er mwyn arbed amser ac i sicrhau ein bod yn cyrraedd ar amser.



## PAWB

### **ATGOF:** Rhai Dyddiadau Pwysig i'ch Dyddiadur

- 15/05/2026 – Gwasanaeth Dosbarth Melangell (9:30am – 10:30am)
- 21/05/2026 – Noson ffilm – Blwyddyn 3 – 6
- 22/05/2026 – Gwasanaeth Dosbarth Guto (9:30 – 10:30am)
- 01/06/2026 – Diwrnod Hyfforddiant Athrawon
- 2/06/2026 – Wythnos Iechyd a Lles
- 5/06/2025 – Gwasanaeth Dosbarth Dwynwen (9:30 – 10:30am)
- 12/06/2026 – Gwasanaeth Dosbarth Seithennyn (9:30 – 10:30am)
- 17/06/2026 – Sesiwn Galw Heibio i Rieni ar Gynnydd Disgyblion (Manylion i'w gadarnhau)
- 19/06/2026 – Gwasanaeth Dosbarth Gelert (9:30 – 10:30am)
- 23/06/2026 – Mabolgampau Cyfnod Sylfaen (Prynhawn)
- 24/06/2026 – Mabolgampau Adran Iau (Prynhawn)
- 24/06/2026 – Cyflwyniad i Rieni Newydd Meithrin (4:30 – 5:30)
- 26/06/2026 - Gwasanaeth Dosbarth Llywelyn (9:30 – 10:30am)
- 26/06/2026 – Ffair Haf
- 1/07/2026 – Picnic Meithrin gyda Rhieni – Yn yr Ysgol (9:30 – 10:30)
- 3/07/2026 – Gwasanaeth Dosbarth Blodeuwedd (9:30 – 10:30am)
- 07/07/2026 – Disgo Ysgol
- 8/07/2026 – Diwrnod Pontio Symud i Fyny i Ddisgyblion gan gynnwys Dosbarth Meithrin
- 10/07/2026 – Gwasanaeth/Seremoni Graddio Blwyddyn 6 (1:30pm – 3:15)
- 17/07/2026 – Diwrnod Olaf y Tymor

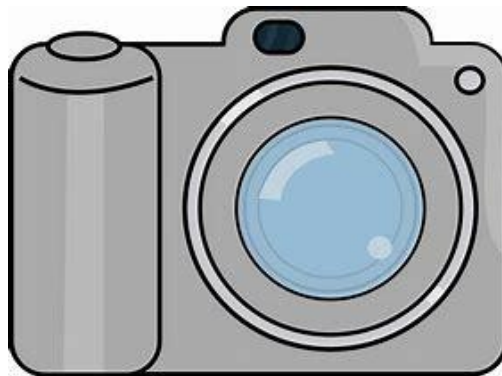
Gellir darganfod rhestr o wyliau a ddyddiadau trwy ddilyn y ddolen hon:

[Caerphilly - Caerphilly County Borough](#)



## **EVERYONE** **Walking Bus**

Walking to School Week will be celebrated next week, and we are encouraging everyone to walk to school! Walking is a great way to stay healthy, have fun with friends, and help the environment. On Friday the 22nd of May, we will be holding our first Walking Bus of the year. Come and join us to celebrate the benefits of walking together! Times and location will be sent via text message in due course.



## **EVERYONE** **REMINDER: School Photographs**

Pupils will have individual photographs taken by the company Tempest on 9/06/26. Please ensure that your child comes to school in full school uniform.



## **EVERYONE**

### **REMINDER: Health and Wellbeing Week 2026**

This year we will be holding our Health and Wellbeing week on the week beginning 2/6/26. Once again, we are very keen to invite a range of experts, including parents, into the school during the week in order to enrich the experiences for the school's pupils.

Do you have any expertise or qualifications that mean you can contribute to our Health and Wellbeing week?

Do you have experience in areas such as mindfulness and yoga?

Are you a nurse, doctor, optician, dentist or work in a similar field? You do not have to speak Welsh to hold a session. If you are willing to support the school by holding a session during our Health and Wellbeing Week we kindly ask that you complete the following form (link below). We greatly appreciate any contributions!

<https://forms.office.com/e/SQ9b4k73af?origin=lprLink>



## Year 4

### **REMINDER: Swimming Lessons**

Swimming lessons for Year 4 will begin on **22nd June** and will take place every day for 4 weeks.

The lessons will be held at Newbridge Leisure Centre.

Parents are kindly asked to contribute £30 towards travel costs by **19/06/2026**.

Pupils are expected to be in the pool by 9:15am, therefore we kindly ask that pupils come to school wearing their swimming costumes underneath their school uniform in order to save time and ensure that we arrive on time.



## EVERYONE

### **REMINDER: Some Important Dates for Your Diary**

- **15/05/2026** – Melangell Class Assembly (9:30–10:30am)

- **21/05/2026** – Film Night – Years 3–6
- **22/05/2026** – Guto Class Assembly (9:30–10:30am)
- **01/06/2026** – Teacher Training Day
- **02/06/2026** – Health and Wellbeing Week
- **05/06/2026** – Dwynwen Class Assembly (9:30–10:30am)
- **12/06/2026** – Seithennyn Class Assembly (9:30–10:30am)
- **17/06/2026** – Parent Drop-In Session on Pupil Progress (details to be confirmed)
- **19/06/2026** – Gelert Class Assembly (9:30–10:30am)
- **23/06/2026** – Sports Day for Infants (afternoon)
- **24/06/2026** – Sports Day for Juniors (afternoon)
- **24/06/2026** – New Nursery Parents’ Presentation (4:30–5:30pm)
- **26/06/2026** – Llywelyn Class Assembly (9:30–10:30am)
- **26/06/2026** – Summer Fair
- **01/07/2026** – Nursery Picnic with Parents – at School (9:30–10:30am)
- **03/07/2026** – Blodeuwedd Class Assembly (9:30–10:30am)
- **07/07/2026** – School Disco
- **08/07/2026** – Transition Day: Moving Up for Pupils, including Nursery
- **10/07/2026** – Year 6 Graduation Assembly / Ceremony (1:30–3:15pm)
- **17/07/2026** – Last Day of Term

A list of School holidays and dates can be found by following this link:

[Caerphilly - Caerphilly County Borough](#)

**Cysylltiadau pwysig a all fod o ddefnydd i chi / *Important contact details that could be of use to you:***

**Caerphilly Employment Support:** 01443 864227

**Samaritans:** 116 123 (24 awr y dydd / 24 hours a day)

**Wales Domestic Abuse Helpline:** 0808 80 10 800 (8.00am-2.00pm & 8.00pm-2.00am pob dydd / every day).

**Mind Cymru:** 0300 123 3393

**Childline:** 0800 1111 (24 awr y dydd / 24 hours a day)

**Women’s Aid:** 01495 742061 (24 awr y dydd / 24 hours a day)

**Eastern Valley Food Bank:** 01495 760605

Mae Croeso i chi gysylltu gyda Ysgol Gymraeg Penalltau yn Gymraeg neu Saesneg  
You are welcome to contact Ysgol Gymraeg Penalltau in Welsh or English

